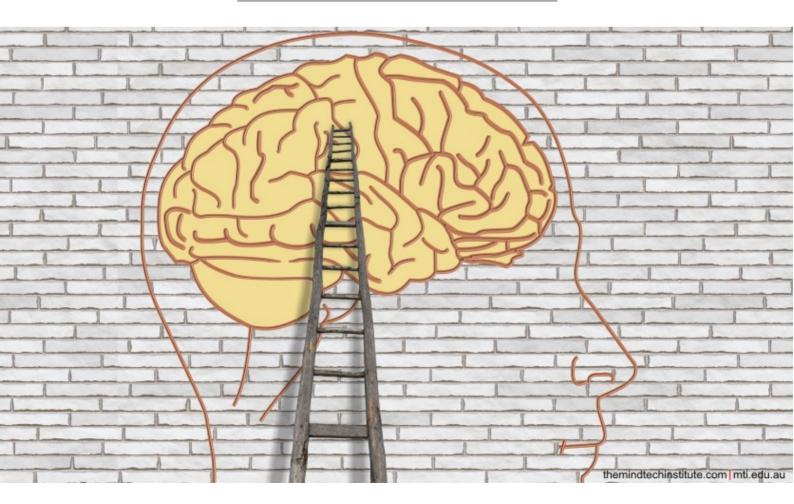
# Manage your life, Through your mind.



**TRAINING & DEVELOPMENT** 

www.TheMindTechInstitute.com www.MTI.edu.au

## Life Management Training





## The MindTech Institute, Sydney - Australia

Trainer/s: Adam Musselli

Dates: https://bit.ly/3e45S5f | Online Training (Anytime)

**Location:** https://bit.ly/3e45S5f | Online Training (Anywhere)

You can make reservations the following ways: Click on the following link https://bit.lv/3e45S5f

To study online, click on the following links https://bit.ly/3gGxiA5

You may also email us at <a href="mailto:info@themindtechinstitute.com">info@mti.edu.au</a>

Websites: www.themindtechinstitute.com

www.mti.edu.au

PO BOX: PO BOX 49, Canley Heights, NSW 2166 – Australia

#### Course contents:

This is an intensive training in which you will learn the most advanced and most efficient methods of life management. Based on psychology, Neuro-Linguistic Programming and social and behavioural science with further additions and refinements by The MindTech Institute. By eliminating the guesswork and not wasting time on non-essentials, you will achieve great results in the shortest possible time. We place the utmost importance on practical training, both during the course and throughout your future association with The MindTech Institute.

At The MindTech Institute you will benefit from our vast experience in training and development. In addition to psychology you will learn other techniques, including personal leadership, screening and psychological analysis, advanced communication patterns, manage stress, fear and anxiety, how to remove the blocks to personal & professional success, fulfil your full potential, develop unshakable self-esteem and confidence, develop your emotional intelligence, manage yourself and your relationships more effectively, change your life for the better, expand your self-awareness (understanding yourself & your environment) and much, much more.

## The MindTech Institute

Registered Training Institute Recognized World-Wide

## What can I do after the training?

Upon completion of the training you will have all the necessary skills to manage your life and to become the best of you. Should you wish to become Life Coaching or a Master Life Coach you need to combine this course with NLP Practitioner and/or Master Practitioner Training. More details can be found here <a href="https://bit.ly/2ZFKMVC">https://bit.ly/2ZFKMVC</a>

You may as well **apply for a diploma in counselling** here **at The MindTech Institute**. You can contact us for more information about the diploma of counselling which is an academic and internationally accredited and recognised.

The areas of application are vast, even if you do not wish to get into therapy and life coaching (helping other than yourself), but would like to focus on management positions, development, business, leadership, and other corporate positions you may also apply for an advanced diploma in leadership and management here at The MindTech Institute. You can contact us for more information.



Online Training: must be completed within 40 days upon enrolling

**Duration of training:** In-Class (Workshop): 5 Days.

A questions and answers exam will be taken at the end of the online

**Exam:** training or at the end of the workshop if in-class.

## **Curriculum of The MindTech Institute Life Management Training**

Some of the subjects will be covered in this online course (Life Management Training)

#### Introduction

#### The Comfort Zone

How to break yourself free and build up enough courage and motivations to explore other alternatives in your life leading to finding more opportunities and a better successful life.

#### The definition of success

What is success and definition

#### Inner change

How change must start

#### **Happiness Vs Success**

The importance of learning happiness before learning how to become successful

#### **Unconditional love**

What is unconditional love and its importance

#### Become a better you (insecurities and how to deal with it)

How to become a better "you", what is self-insecurity and how to deal with it

#### Who you can become successful

Success isn't exclusive only to certain people and who is capable to become successful

#### Who's Running Your Life

An explanation of how most people fail to manage their life and proving some answers

#### The Law of Cause & Effect (C>E)

Similar as Newton's third law and how it can be applied in life.

#### **NLP Communication Model**

How the minds process events and experiences and their effects

#### Perception and projection

How people see the world and what is reality

#### **Neuro Transmitters**

What are neurons and how they functions

## The Mind and Body Connection

The connection between the mind and the body

#### The Responsibility for Change

What is responsibility and who's responsible for change

#### The Major steps leading to success

The necessary and major steps that lead to success

#### S.M.A.R.T Goals

The most efficient and effective way to achieve your goals (this is not the ordinary smart goal).

#### Fear

What is fear and how to manage it

#### Knowing and your abilities

Self-knowledge / awareness and improving your abilities

#### The successful culture

How to create your successful culture and environment. Explaining conformity and social influences and how to deal with it

#### Values and Human's Behaviour

Screening and Psychological Analysis

You'll learn the authentic value levels (psychological architypes of people) and how to identify them. Values are things that are important to us. They are how we decide whether our actions are good or bad, right or wrong. They are high level generalizations that describe that which is important to you. These are

crucial in counselling, psychology and social and behavioural science.

How to read people's behaviour. This is a very useful skill to build a strong understanding of how to profile individuals which can be used in many domains including Human Recourses.

#### Modelling

How to model Success

#### **Priority Management**

A major segment in this training that takes you really deep inside your conscious and unconscious minds to organize your life from within through a set of questions teaching you how to prioritize your life on many levels including personal and professional.

#### Change and problem solving

When and why to change

#### Resisting change

The major things drive people to resist change

#### **Unhappiness**

As it's important to learn about happiness it is also important to know why most people are not happy and how to deal with unhappiness (bonus - podcast)

#### The 3 major keys for transformation

3 major keys for transformation that must be taken to transform and organize your life

### Simple problem solving technique

A very simple and easy technique that can help you to solve problems

#### Time management

Simple steps you can take which can help you to manage your time and to make the best out of your day and using your time more efficiently and effectively.

#### MindMap

MindMap is a formula used to prioritize a goals. It's the best and most efficient way to get your tasks and always have a clarity of where you are and what is the next step in order to achieve your goal which you already have set previously. MindMap also allows you to prioritize the steps in the right order realistically towards your outcome.

#### **Passion**

What is passion and how important is it to achieve the success you want

#### **Toxic Relationship**

What are toxic relationships, how to identify them and how to deal with them (bonus – podcast)

#### The world and you

How to deal with the world around you especially after becoming successful and how to maintain your success without losing yourself in the process.

And many other subjects based on philosophy, general psychology, business psychology, behavioural science, social science, hypnosis and Neuro Linguistic Programming NLP.



#### All The MindTech Institute participants also receive:

#### Certificates

All participants receive Life Management certificate embossed with The MindTech Institute authentication seal (unless online you'll receive a printable certificate - for embossed certificates can be organised by post).

The certificates also include student unique identification number for verification purposes.



#### **Enrolment**

Enrolment becomes effective upon receipt and full amount is paid unless for online training choosing "Pay Deposit" which is an easy payment option. This option will allow you to only pay half of the course fees amount and study 50% of the course till the remaining balance is paid.

Complete amount should be paid and cleared before completing this online training and getting certified. You can always contact us to find out if there's a current offer.

To enrol online, click on the following links:

Life Management Training https://bit.ly/3gGxiA5

If you're interested to know more about Neuro-Linguistic Programming NLP, you can click on the links below NLP Practitioner: https://bit.lv/3iEXI71

NLP Master Practitioner https://bit.ly/205IWs4

You can also enroll online for NLP Practitioner and Master Practitioner Training as a bundle package to receive the bundle discount, click on the following link <a href="https://bit.ly/2CbG36i">https://bit.ly/2CbG36i</a>

Life Coaching Training <a href="https://bit.ly/2ZFKMVC">https://bit.ly/2ZFKMVC</a>
Master Life Coaching <a href="https://bit.ly/2DebxJi">https://bit.ly/2DebxJi</a>

FEES: Please check out the following link:

For Online Study: <a href="https://bit.ly/3gGxiA5">https://bit.ly/3gGxiA5</a>

For In-Class (Workshop) Study: <a href="https://bit.ly/3e45S5f">https://bit.ly/3e45S5f</a>

Payment: You can pay through PayPal, Credit/Debit Card or through Direct Deposit to:

#### The MindTech Institute bank details:

Bank name: ANZ

Account number: 641045807

**BSB**: 012468

**BIC / Swift:** ANZBAU3M





## **Instructor:**



#### Adam Musselli

Adam has been in the field of psychology and social & behavioural science as well research since the early 2000s. Adam provides training and consultancy services for businesses and individuals. He is the lead trainer at The MindTech Institute.

Adam's educational and experience background in understanding human's behaviour, sociology and psychology has given him a broad base from which to approach many topics. He believes that knowledge is not power until it is utilized and he believes in the simplicity of training and teaching as he always quotes "If you can't explain it simply, you don't understand it well enough." – Albert Einstein.

The MindTech Institute and Adam Musselli have since 2007 been a symbol for effective, efficient and sustainable hypnosis and NLP methods and techniques which are taught in over 10 different locations across the world, and increasingly more people are discovering these easy and applicable techniques for their practices or as in therapies to solve personal issues and challenges as well as corporate and personal development training.

Adam included simplicity into hypnosis and NLP which inspires and motivates many of his students. This simplicity is also expressed through a unique elegance to discover and treat: the respect towards clients, and how to guide therapeutic processes with a firm hand to the solution. He has a very unique and pleasant way in delivering his lectures, training and workshops. In addition, his multilingual, intellectual and academic background give him the ability to engage his students and audience by using simple metaphors even when he's lecturing what is considered "Extreme Science".

Adam holds several seminars and many courses in Australia and abroad throughout the year. He runs in-class Advanced Diploma Courses such as in Leadership and Management, Marketing and Communication, Counselling as he is also the voice behind the online courses at The MindTech Institute. He also delivers courses in Neuro Linguistic Programming NLP, Advanced Hypnosis, Life Management, Life and Business Coaching Training and many other courses and subjects.

You can also check out his podcast "The Dynamic Thinking Project Podcast" on iTunes and other major media platforms including YouTube.

"For me NLP and hypnosis is pure passion - without NLP and hypnosis my world would be different...and the world is in need of NLP and hypnosis. It is my vision that one day, NLP and hypnosis and clinical hypnotherapy will be a compulsory subject for psychologists, psychotherapists, counsellors, medical doctors and dentists enabling them to explore the true potential of NLP and hypnosis and how much benefits NLP and hypnosis can provide to everyone with an open mind, in a professional ways, with no limitations imposed from self or others; leading to a healthier and greater society." - Adam Musselli.



#### **TRAINING**

The MindTech Institute is a Registered Training Institute delivers all their qualifications and courses in Australia and abroad. They offer a wide range of training options with focusing on assisting individuals and businesses who wish to gain valuable knowledge and skills to achieve their best potentials leading to greater improvements, many positive successful pathways and outcomes. The MindTech Institute offers the best cutting edge online, in-class training and workshops which include Advanced Diplomas, Diplomas, NLP Practitioner Training, NLP Master Practitioner Training, Hypnosis Training also Practitioner and Master Practitioner Levels, Life Management Training, Time Management, Advanced Sales Training, Stress Management, Leadership Training, Costumer Service training, Emotional Intelligence Training, Effective Presentations Training and many other essential courses which are extremely necessary to anyone who desires success and growth.



#### **SERVICES**

Collaboration is at the heart of every interaction with The MindTech Institute students and clients. Working in partnership to understand their key goals or/and business concerns. The MindTech Institute identifies what you want to achieve and helps you to see your personal goals, business or career goals from a new perspective - and then offer the right solutions to help you to grow. The MindTech Institute way of working with their students and clients brings flexibility and creativity as well as qualities which elevate their performance as an individuals, employees, business managers or leaders. The MindTech Institute main objective is to work with you to develop a clear path to reach realistic goals which are important to you and your business.



The MindTech Institute is a Registered Training Institute based in Sydney Australia.

The MindTech Institute offers various courses, diplomas, seminars and workshops delivered in class as well as online.

The MindTech Institute is also known as one of the world leading recognized training institutes that can offer recognition of prior learning services which is also recognized world-wide through other institutes, colleges, universities as well as to study abroad.